

Virginia Health Information Publishes HMO Cost & Quality Report: New Behavioral Health Measures for HMO Compare

**Medicare open enrollment ends December 7, 2019, and*

*VHI's new search feature helps identify HMOs offering Medicare, Medicaid and individual and/or group coverage**



Richmond, Va. – Virginia Health Information (VHI) has published Health Maintenance Organization (HMO) Compare to help consumers find, compare and choose the HMO that best meets their needs. Consumers may use the tool to compare over 60 measures that are most important to them such as availability of care, member satisfaction, screenings for cancer and more. **Compare HMOs**, available at <http://www.vhi.org/healthinsurance/HMOCompare.asp>, is part of VHI's free Consumer Guide to Health Insurance Options, a comprehensive guide helping Virginia consumers and employers learn about health insurance options.

With over 1.3 million Virginians enrolled in HMO plans, utilizing VHI's HMO Compare is a productive way to become better informed in an ever-changing healthcare landscape. The tool gives consumers access to data that includes insurance rates, state averages and national averages. Also new this year, VHI is excited to announce a handful of new Behavioral Health measurements for consumers to utilize while comparing HMOs, from antidepressant medication management to follow-ups after hospitalization for mental illness. The new measurements will give consumers an opportunity to learn more about HMO options regarding their mental health in addition to their physical health. Below are some key findings from this year's report:

Members Received:	VA Avg	Better than Nat'l Avg?	HMO with Best Rate	Range across HMOs
Breast Cancer Screening	72.13%	No	Kaiser	65 – 86%
Timeliness of Prenatal Care	88.15%	Yes	Kaiser	83 – 97%
Use of Opioids (High Dosage)	5.32%	No	Kaiser	2 – 9%
Antidepressant Medication Mgmt	71.96%	Yes	CareFirst	67 – 79%
Premium per member/per month	\$499	N/A	United Healthcare of the Mid-Atlantic	\$264 – \$645

Virginia Health Information (VHI) is the nonprofit organization that businesses, consumers, the Commonwealth of Virginia and health insurance companies go to for health information. VHI publishes reports and consumer guides on health insurance, hospitals, HMOs, nursing facilities, physicians and other topics at www.vhi.org. To find the latest updates on healthcare data and statistics, find and like VHI on Facebook at www.facebook.com/vahealth.